

WE ARE YES to YOUTH

Montgomery County Youth Services

COUNSELING • SHELTER • EMPOWERMENT











Montgomery County Youth Services

WHY YES to YOUTH?

YES to YOUTH - Montgomery County Youth Services strengthens the emotional and mental health development of youth and families by providing crisis intervention, counseling, and suicide prevention services. We provide a safe and nurturing home where abused, battered, sex-trafficked, homeless, and at-risk youth begin healing from the past and become empowered for the future.









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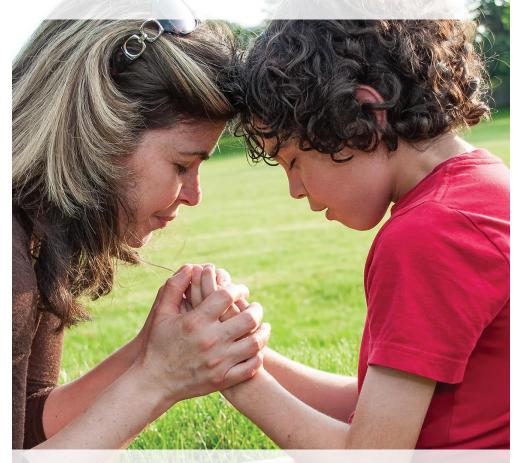
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20%

of teens state they have personally struggled with mental illness at some point in their lives.

NATIONAL ALLIANCE OF MENTAL ILLNESS





INDIVIDUAL & FAMILY COUNSELING AND SKILLS TRAINING

Our counselors address many types of issues related to a youth's family including:

- Behavior problems
- Communication
- Coping with divorce or other loss
- Parent and child relationships
- Bullying
- Self-esteem

- Peer and school inclusion
- Social media pressure
- Runaway behaviors
- Truancy
- Recognizing self-worth
- Coping with peer pressure

Each child will be in a safe place to explore and resolve feelings, thoughts and behaviors. The counselor will meet with parents and guardians to ensure family awareness and cooperation, and to share the results of the counseling progress.

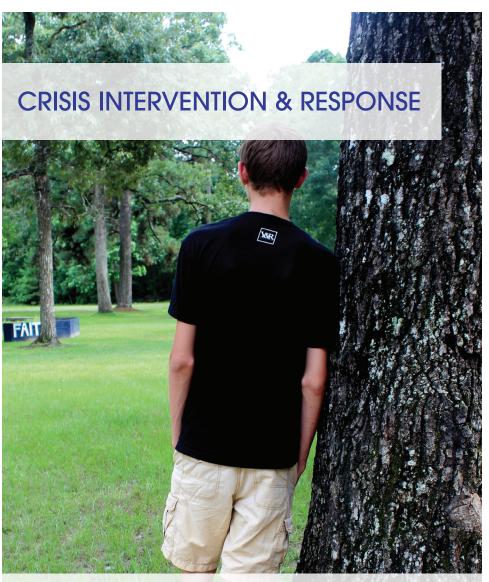
GROUP COUNSELING

Group Counseling can be requested by individual schools to help deal with issues such as:

- Aggressive behaviors
- Divorce
- Grief
- Social media safety
- Healthy relationships

- Effective communication
- Social skills
- Gender-specific issues
- Peer pressure
- Alcohol and drug education

YES to YOUTH - Montgomery County Youth Services provides all counseling, crisis prevention, education and shelter services at no cost to the youth and their families.



1 in 6

teens say they have "seriously contemplated" suicide.

- THE JASON FOUNDATION



CRISIS INTERVENTION

Our crisis intervention staff is available 24-hours, 7 days a week, 365 days a year, to handle emergency and immediate crisis situations.

No matter the crisis:

- Runaways
- Family violence
- Family conflict
- Depression
- Suicidal ideation

Our professional staff is there to assist youth and their families with a life-threatening situation.

CRISIS RESPONSE TEAM

In partnership with school counselors, we provide a crisis response team to address loss and trauma, such as the death of a student, teacher or school personnel.

We provide:

- Youth crisis counseling
- Suicide prevention
- Intervention support groups

TEEN PREGNANCY AND PREVENTION



1 in 4

teen girls will become pregnant at least once before age 20.

- NATIONAL CONFERENCE OF STATE LEGISLATURES



TEEN PREGNANCY PREVENTION

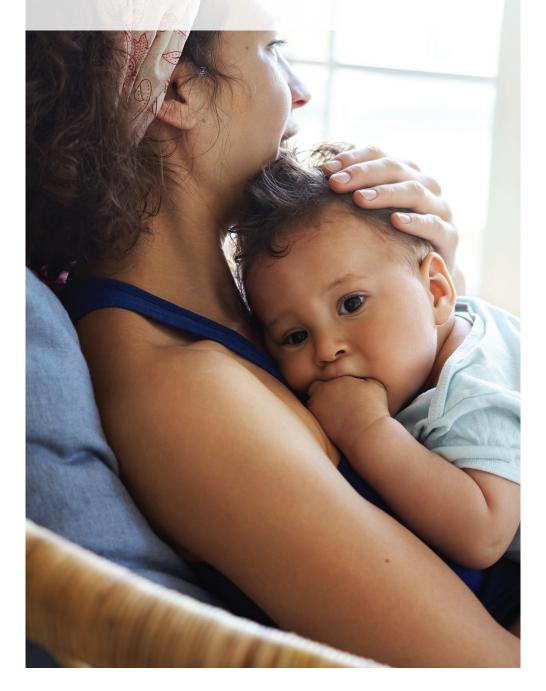
YES to YOUTH provides group counseling and presentations to pre-teens and teens focusing on setting relationship boundaries and developing healthy relationship skills. We cover topics such as personal health, consent, empowerment, safety planning and positive communication.

PARENTING TEENS

The Healthy Supports Pregnant and Parenting Teens Group meets weekly to provide peer support and early childhood parenting education to pregnant and parenting teens. The group discussions help the attendees learn how to care for a baby or young child while continuing their education.



SPANISH SPEAKING FAMILY GROUPS





HISPANIC MOMS GROUP

Our Hispanic Moms Support Group meets weekly to discuss how to balance motherhood and to see the importance of self care. Attendees are introduced to resources in the community and guest speakers.

MADRES Y BEBES (MOMS AND BABIES)

The Madres y Bebes Early Childhood Group meets every week to discuss parenting challenges and successes. The group is open to all Spanish speaking parents of children ages 0-5. Parents are encouraged to bring their children with them as each week activities are planned to help increase parent-child bonding.

ACTIVE PARENTING

Our Active Parenting Group is available for Spanish speaking parents of pre-teens and teens. The group meets weekly for a 7-week workshop in which counselors teach a lesson on positive parenting skills and open communication processes and then facilitate group discussion on the theme of the week.

BRIDGEWAY EMERGENCY YOUTH SHELTER



Homeless youth are defined as:

living with a friend, in a hotel or motel, in a car or tent, on the street or in a park, in a shelter, with another family or non-custodial home, in a business or church, hitchhiking or traveling or in transitional housing.



BRIDGEWAY EMERGENCY YOUTH SHELTER

BridgeWay Emergency Youth Shelter is a home for boys and girls ages 10 - 17, who are in need of a temporary place to stay that is safe and secure.

Through BridgeWay, we provide refuge and a home to abused, homeless, neglected and sex-trafficked youth.

When brought into the shelter, residents are given:

- Clothing
- Hygiene supplies
- Food
- A soft comfortable bed & pillow
- Mental health counseling
- School enrollment
- Access to social activities
- Medical, dental and vision care
- Transportation to appointments and extracurricular activities



For more information about volunteering please call: 281.292.6471

#sayyestoyouth

GET INVOLVED

Volunteers are so important to us! We want you to enjoy your time with us while making a huge impact on the youth in our community. Through your time, talents and resources, YOU can make a difference.

EVENTS

Our fund-raiser special events committees, committee chairs and volunteers are a crucial part of our success. Volunteers also help with smaller events such as business partnership fundraising and community events. Our event calendar is on our website.

BRIDGEWAY EMERGENCY YOUTH SHELTER

We welcome individuals and small or large groups of volunteers to help with various tasks or special projects/activities/workshops/classes for our BridgeWay residents. To schedule a tour of the BridgeWay Shelter, please call our Development Department at 281-292-6471.

YES to YOUTH - MONTGOMERY COUNTY YOUTH SERVICES OFFICES

We have counseling locations that serve our families throughout Montgomery County. We welcome administrative volunteers at these locations.

CORPORATE, BUSINESS & FAITH PARTNERSHIPS

Looking for a way for your group to make an impact? Let your passion shine through a group volunteer project! We have several opportunities to fit your group size and scope.

PROJECTS AND DRIVES

Our volunteers are passionate about our mission and they look for many ways to support our children through projects or donation drives for supplies and items needed.

WAYS TO SUPPORT OUR YOUTH







For more information about donating please visit: sayyestoyouth.org/donate

All of our services are offered at no charge to the child and their family. Because of generous donors, the family is never charged for any service. If you would like to support our mission and a child, we have many ways for you to give.

GENERAL DONATION

We accept cash, check, major credit card and stock donations. Every donation supports local youth and helps us provide them with counseling, crisis intervention and shelter services.

ACKNOWLEDGMENT GIFT

Acknowledge someone who has touched your life, express sympathy for the loss of a special person, or to commemorate happy occasions or holidays. We mail an acknowledgment to a person you designate. The amount of your gift will not be disclosed.

BEQUESTS & PLANNED GIVING

You can create a legacy of hope for many vulnerable youth through a Planned Gift to YES to YOUTH – Montgomery County Youth Services. A bequest to YES to YOUTH is one of the most effective ways to make a lasting impact on the lives of local abused, neglected and sex trafficked youth and to provide mental health counseling for children and their families. Through planned giving, you may specify a specific amount or a percentage you wish to give to YES to YOUTH.

CORPORATE MATCH

Your donation could be doubled! Did you know many companies offer matching gifts to charitable organizations? If you are considering donating to YES to YOUTH - Montgomery County Youth Services, check with your company to see if they will provide a matching gift!

RECURRING MONTHLY GIFT

Recurring giving is an easy, automatic way to support YES to YOUTH-Montgomery County Youth Services that works for your budget and schedule. It is convenient, customizable, and helps ensure a steady source of funding for YES to YOUTH. You choose the amount you wish to give each month and you can change, or cancel, your pledge at any time.

Sign up by going to sayyestoyouth.org/donate.

LOCATIONS

1. THE WOODLANDS

8701 New Trails Drive, Suite 118 The Woodlands, Texas 77381 PHONE: 281.292.6471

EMAIL: woodlands@youthmc.org

2. CONROE

105 W. Lewis Street Conroe, Texas 77301 PHONE: 936.756.8682 EMAIL: conroe@youthmc.org

3. EAST COUNTY SPLENDORA

16401 First Street, Office 104 Splendora, TX 77372 PHONE: 281.354.2654 EMAIL: splendora@youthmc.org

4. WALKER COUNTY HUNTSVILLE

7045 Hwy. 75 South Huntsville, Texas 77340 PHONE: 936.293.1003 EMAIL: huntsville@youthmc.org

5. MAGNOLIA

31355 Friendship Drive, Suite 400 Magnolia, Texas 77355 PHONE: 281.259.0440

EMAIL: magnolia@youthmc.org

6. BRIDGEWAY EMERGENCY YOUTH SHELTER

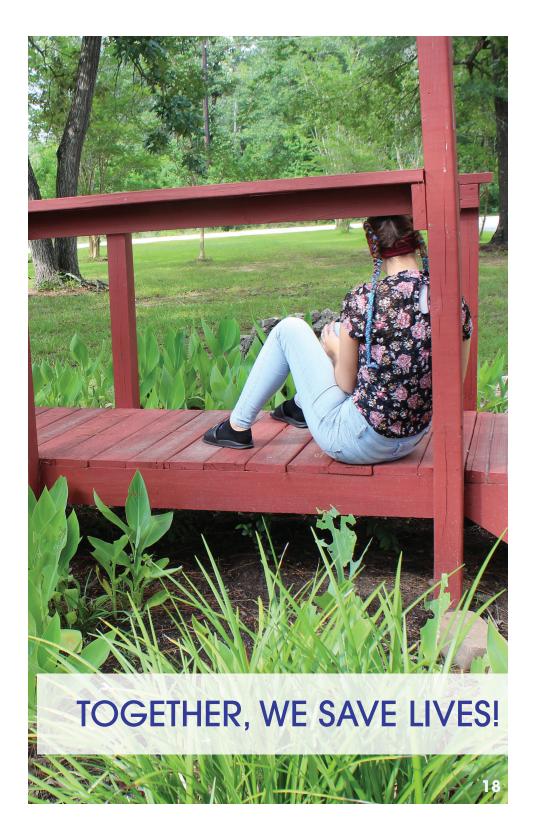
4501 N. Frazier Street Conroe, Texas 77303

24-HOUR PHONE: 936.890.1132 24-HOUR TOLL FREE: 866.892.1132

EMAIL: bridgeway@youthmc.org



24/7 CRISIS HOTLINE • 888.756.8682







Yestouth Counseling • Shelter • Empowerment Montgomery County Youth Services



www.sayyestoyouth.org







